

Firebird Rise

Rates & Offerings

Effective from October 2023

SPARK Session

60 minutes - \$200 | 90 minutes - \$245



A single coaching session offers a surgical strike focused on one discreet issue. Perfect if you need a burst of clarity, or assistance in making a decision. Consider this ala carte option if you need a strategic thinking partner, but don't require multiple sessions. "Transformation" is a longer game - if bigger shifts and changes are what you're after, consider a coaching package.

IGNITE: 3 Month Coaching Package

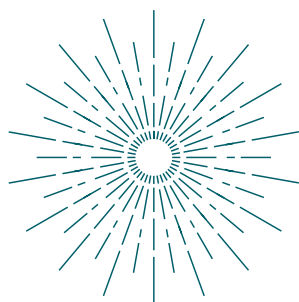
Bi-weekly - \$1,200 | Weekly - \$2,400



Catalyze insight and momentum with a series of consecutive sessions over three months. Includes a Firestarter kickoff workbook to guide you through envisioning your desired future state and set your goals for coaching. Expect soulwork between sessions, and a partner to help you keep on track between sessions. **Need based, sliding scale pricing and monthly payment plans are available.**

VELOCITY: Business Consulting & Soul-Driven Leadership Coaching

Inquire for personalized quote - pricing based upon scope of work



Services include executive coaching, leadership development, business mentorship for entrepreneurs, communications plans, team workshops, and retreat/strategy session facilitation. Schedule a complementary 30 minute call to discuss desired services and outcomes. Based upon your needs, I'll craft a proposal to meet your objectives and budgetary considerations. **A reduced fee structure is available for startups and small nonprofits.**

Spirit Work

Shamanic Energy Healing

Energetic clearing session to remove unwanted interferences, blockages or cords, and to restore pieces of your power and vitality. Includes diagnostic and aftercare recommendations. **60 minutes - \$175 90 minutes - \$225 120 minutes - \$300**

Ceremony Facilitation

In-person soul retrieval ceremonies, and house, land or business blessings are available on the Olympic Peninsula and within the Greater Seattle area. These typically include a preparatory and follow-up session, with the ceremony itself lasting 3-5 hours. **Inquire for further details and pricing**

Tarot Readings

In these sessions, we use tarot as a tool for clarity, self-exploration, and personal empowerment. Take a journey through the symbolic and archetypal language of the cards, uncovering guidance for understanding a situation, making a choice, or exploring possible outcomes. Please note that my tarot readings generally do not include mediumship or psychic predictions. **60 minutes - \$175**

About Chris Clark

A midwife to soulful transformation, Chris is a personal sovereignty coach, writer, and tarot reader. Her practice links the heart with the head, drawing upon a lifetime of spiritual study coupled with 20 years in nonprofit & higher education leadership and management. From mindfulness and positive psychology to divination and earth-based rituals, Chris' alchemical processes encompass tools to connect with mind, body, and spirit.



Education and Training:

- Master's degree in Public Administration & Nonprofit Management from University of Washington's Evan School of Public Affairs
- ICF credentialed PCC-level coach, mentor, and instructor with Lumia Coaching
- Tarot studies with Liz Worth
- Ongoing shamanic training & mentorship with Dr. Karen Ward & John Cantrell (Slí An Chroí, Ireland)
- Teaching Assistant for Heather Cole Gato in nature-based, seasonal practices and Katy Pavlis in advanced Mysticism & Ritual studies